

# Sofía Ruiz Carrera

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## Education

Master of Fine Arts | Performance | University of Georgia | 2024

Bachelor of Arts | Theatre and Dance, University Honors | The University of Texas at Austin | 2010

MICEFA Cultural Exchange Program | Sorbonne Nouvelle, Paris, France | 2008

Acting Teachers: Oliver Avendaño, Alain Bézu, Pablo Bracho, Ted Brunetti, Álvaro Cerviño, Pamela Christian, George Contini, Anastasia Coon, Blake DeLong, Fran Dorn, Roberto Duarte, Lucien Douglas, Stephen Gerald, Barney Hammond, Kristen Kundert, Anthony Marotta, Rachel Mewbron, Ray Paolino, Richard Portnow, Mary Wickliffe

## Teaching Experience

2024	Instructor: Women in Performance Practicum	University of Georgia
2023	Instructor: Introduction to Acting	University of Georgia
2022-2023	Instructor: Acting On Camera Fundamentals	University of Georgia
2021	Debate Coach	Webber's Ed
2018	IB Theatre Teacher	The American School Foundation
2017-2018	Head of Debate	The American School Foundation
2013-2017	Debate Coach	The American School Foundation

## Courses Taught

### Women in Performance Practicum

A practical course centered around the production of Margaret Cavendish's play *The Convent of Pleasure*. The students held in-depth discussions of the script, then explored the text and its themes physically, vocally, and emotionally. They developed media to market and promote the performance, and devised physical sequences to enhance the script. This production was backed by the *Sallie Bingham History Matters* grant, which promotes the production of plays by historical female playwrights. In this course, the class gave this seventeenth century play a modern reading to create a compelling show to be performed for a live audience.

### Intro to Acting

Basic acting skills for non-theatre majors and theatre minors. Through physical and vocal exercises, improv games, and scripted scenes, the students discover that everybody has the capacity to communicate creatively on stage. They discover the ways in which we can *all* connect to our innate humanity and portray truth on the stage. The students learn to harness their creativity to express themselves through their voice and body. They build confidence in speaking, presentational, and team building skills; skills that can be applied to any major.

### Acting On Camera Fundamentals

A foundation in acting for TV, film, and digital media. Covers on-camera acting techniques, industry protocols, equipment, and terminology required to create successful screen performances. Also covers casting and audition strategies as well as how to work effectively with actors, directors, and cinematographers in production. The student develops the tools to enter the film industry with confidence. They learn how to be comfortable in front of a camera, have a working knowledge of

acting terminology, and how to use a variety of strategies to stay focused in auditions and on set. They practice and master their self-tape set-up and learn to prepare for in-person auditions. They develop their marketing strategy to enter the business.

#### IB Theatre

Advanced high school theatre course made up of two main branches: theoretical and performance based. Academically, the students research different theatrical traditions from around the world and devise a short piece to perform in that style. They also research a specific theorist and apply that theory to a devised one-person piece. They collaborate with their peers to create a short play and present it to an audience.

#### Debate

World Schools Debate training for high school students, where they learn how to have educated and constructive discussions about current events and philosophical issues. They are introduced to public speaking and multiple rhetorical devices and have the opportunity to compete in national and international tournaments throughout the year.

#### **Related Academic Activities:**

Guest Lecturer	Intro to Intimacy Work
Guest Lecturer	Fences and Gates: Establishing Boundaries Among Actors
Guest Lecturer	Learning to Love Commercials
Workshop	Constructive Rest
Workshop	Intro to Meyerhold
Workshop	Linklater Relax and Breathe Vocal Warm Up

#### **Teaching Interests:**

Acting, Acting on Camera, Movement, Media and Performance, Improv, Comedy, Voice

#### **Research Interests**

Uncovering Stories of Hidden Women in History  
Intimacy Coordinating & Directing  
Women's Role in Armed Conflict  
Feminism in Latin American Countries  
Diverse Representation in the Media  
Sisterhood (*sororidad*)  
Integrating Media and Live Performance

#### **Professional Development**

Kennedy Center Directing Intensive	Kennedy Center	Washington, DC
Intimacy Best Practices	Theatrical Intimacy Education	Online Workshop
Consent Forward Artist Program	IDC, Inc.	Online Course
Shakespeare Practicum	UGA Cortona	Cortona, IT
Physical Theatre: Exploring the Slap	University of Leeds	Future Learn
Gender Studies Summer Program	El Colegio de Mexico	Mexico City
WS Debate Judge Training	Mexican Debate Association	Mexico City
Improv 101-401	The Assembly Mexico	Mexico City
Acting for the Camera	Oliver Avendaño	Mexico City
Shakespeare	Pablo Bracho	Mexico City
Comedy Intensive	UNAM	Mexico City

Spolin Technique  
Auditioning for Camera  
The Business of Film  
Acting and the Business  
Script Analysis  
Audition Workout  
Acting for the Camera

CasAzul  
Rossy Argüelles  
The Open University  
Richard Portnow  
Patrick Baca, CSA  
Mary Wickliffe  
Ted Brunetti

Mexico City  
Mexico City  
FutureLearn  
Los Angeles  
Los Angeles  
Los Angeles  
Los Angeles

## **Directing**

### *Theatre*

The Convent of Pleasure  
Ya'Aburnee  
The Wolves  
Classics Undone Staged Reading  
A Midsummer Night's Dream  
A Little Jig  
We All Have a Little Shepherd in Us

Director  
Director  
Co-Director  
Co-Director  
Assistant Director  
Director  
Director

Cellar Theatre, Athens, GA  
The Arena, Athens, GA  
Cellar Theatre Athens, GA  
Tate Theatre, Athens, GA  
Teatro Signorelli, UGA Cortona, IT  
Casa Actum MX / LAB Theatre, TX  
Children's Hospital, MX

### *Film*

Sleeping Wide Awake  
In One Word (crowdsourced film)  
Ever After  
Alaskatown  
Vampire Winery  
Morse Code  
Big Boy

Director  
Director  
Director  
Director  
Director  
Director  
Directing Assistant

Flowerhouse Films  
Flowerhouse Films  
Flowerhouse Films  
University of Georgia  
University of Georgia  
University of Georgia  
Fancy Man Films

## **Producing**

### *Theatre*

The Convent of Pleasure  
Ya'Aburnee  
We All Have a Little Shepherd in Us  
A Little Jig  
The Phoenix Fringe

Full-length play  
Immersive performance  
Full-length play  
One-woman show  
Festival of short plays

Cellar Theatre, Athens, GA  
The Arena, Athens, GA  
Children's Hospital, MX  
Casa Actum, MX / LAB Theatre, TX  
LAB Theatre, TX

### *Film*

Classics Undone  
Sleeping Wide Awake  
In One Word  
Ever After  
Inocente Confusión

Feature film  
Short film  
Crowdsourced dance film  
Documentary short film  
Short film

Classics Undone, LLC  
Flowerhouse Films  
Flowerhouse Films  
Flowerhouse Films  
Flowerhouse Films

### *Podcasts*

Sobre Actuando, the actor's podcast

Host/Producer

Flowerhouse Films

## Writing

### Theatre

Ya'Aburnee	Immersive performance	The Arena, Athens, GA
A Little Jig	One-woman show	Casa Actum, MX / LAB Theatre, TX
Five (Cinque) <i>co-writer</i>	Full-length play	The English Theatre of Rome, IT

### Film

Classics Undone	Feature film	Classics Undone, LLC
Yoga, Bikes, & the City (pre-prod.)	Short film	Flowerhouse Films
Sleeping Wide Awake	Short film	Flowerhouse Films
Inocente Confusión	Short film	Flowerhouse Films
Free Energy	Mini-series	Kaptura Projects

## Intimacy & Fight Choreography

### Theatre

The Tragedy of Carmen	Intimacy Choreographer	Hodgson Concert Hall, Athens, GA
Hayavadana	Intimacy Choreographer	Cellar Theatre, Athens, GA
First Semester	Intimacy Choreographer	Cellar Theatre, Athens, GA
Sorority House of the Dead	Fight Choreographer	Town & Gown Players, Athens, GA
Carrie	Fight/Intimacy Choreographer	Next Act, Athens, GA
The Comedy of Errors	Fight & Intimacy Captain	Fine Arts Stage, Athens, GA

### Film

Nocturnal Roar	Intimacy Choreographer	University of Georgia
Good Kisser	Intimacy Choreographer	University of Georgia

## Acting

### Television

Acapulco	Recurring	AppleTV
Rosa Diamante	Recurring	Telemundo
Cool Dads!	Guest Star	ImagenTV
Stories of the Brown Virgin	Guest Star	Telemundo
Women Breaking the Silence	Guest Star	TV Azteca
Any Given Day	Guest Star	TV Azteca
Communication Sciences	Series Regular	DGVTE
The Club	Co-Star	Netflix
Yankee	Co-Star	Netflix
The Search for Frida	Co-Star	Telemundo
False Identity	Co-Star	Telemundo

### Film

Classics Undone	Lead	Sanghoon Lee, dir.
The Call	Lead	Pablo Tonatuih, dir.

### Theatre

Silent Sky	Henrietta Leavitt	Cellar Theatre, Athens, GA
Romeo and Juliet	Lord Capulet	Studio 115, Athens, GA
The Tragedy of Carmen	Lilas Pastia/Beggar	Hodgson Concert Hall, Athens, GA
Ya'Aburnee	Her	The Arena, Athens, GA

The Comedy of Errors	Adriana	Fine Arts Stage, Athens, GA
A Midsummer Night's Dream	Titania/Demetrius/Flute	Teatro Signorelli, Cortona, IT
Ronny Red Panda's Funhouse	Ronny	The Arena, Athens, GA
Love and Information	Ensemble	Studio 115, Athens, GA
Survivors	319	Alterno Cervantino, Guanajuato
The Assembly	Emiliana	Teatro Marlowe, Mexico City
A Little Jig	Her	Casa Actum, Mexico City
The Dome of Silence	Camila	UNAM, Mexico City
We All Have a Little Shepherd in Us	Angel	Children's Theatre Mexico City
Turbo Tartuffe	Marianne	Zombie Joe's Underground, LA
Cinque (Five)	Lucía	Teatro L'Arciliuto, Rome, IT
Ophelia	Ophelia in Love	Blue Theatre, Austin, TX
Our Town	Emily Webb	Brockett Theatre, Austin, TX
Lidless	Riva	LAB Theatre, Austin, TX
Trojan Women	Greek Chorus	Brockett Theatre, Austin, TX
Phoenix Unforgiven	Mime	B. Iden Payne Theatre, Austin, TX
410 [Gone]	Ox-Headed God	Brockett Theatre, Austin, TX
Fefu and Her Friends	Sue	Brockett Theatre, Austin, TX
Slaughter City	Ensemble	B. Iden Payne Theatre, Austin, TX

*Staged Readings*

Too Wonderful for Anybody	Narrator	Cellar Theatre, Athens, GA
Classics Undone	Rose	Tate Theatre, Athens, GA
The Rubber Room	Ms Woods	Studio 352, Athens, GA
Women of a Certain Rage	Mia	Studio 400, Athens, GA
Elephant's Graveyard	Y. Townsperson	LAB Theatre, Austin, TX

*Improv*

SDI Show (Spanish ed.)	Socially Distant Improv & The Assembly Mexico
Found in Translation	The Squirrel Theatre

*Short Film*

Between You and Me	Lead	Kelsey Schmitt, dir.
Queue	Lead	Mary Goodwin, dir.
Transitioning	Lead	Kelsey Schmitt, dir.
The Server	Supporting	Ben Forte, dir.
Nighty Night	Lead	Francisco Antillón. dir.
Bedtime Fables	Storyteller	Lups, dir.
We Need to Talk	Lead	Gaby Amione, dir.
A Little Jig	Lead	Sara Cortijo, dir.
Talks	Lead	Iris Rivera, dir.
Eternally	Lead	Paula Reyes, dir.
Salt Kiss	Lead	Marianela Ponce, dir.
Dreaming in a Time of Hate	Lead	Oscar Arvizo, dir.
In a Room	Supporting	Aaron Martz, dir.
Volarse	Lead	Drew Diamond, dir.
Nightmare	Lead	Zheng Jia, dir.
The Acting Coach	Supporting	Pablo Mancini, dir.
Goyita Sanchez	Supporting	Tamara Shogaolu, dir.

The Europe of the Woman	Lead	Renee Berthelette, dir.
A Song for the Lovers	Supporting	Harry Zehenny, dir.
Ten Dollars	Lead	Suyeon Kim, dir.

*Commercials*

Vips "Table Top"	Principal	National Mexico
Fedex "Outside the Box"	Principal	National Latam
Shell "Cross Roads"	Supporting	National Mexico
Nescafe "My Ritual"	Principal	National Mexico
Chevrolet "Trax of Your Dreams"	Principal	National Mexico
Banorte "For What You Love"	Supporting	National Mexico
Bounce "Fight Wrinkles Anywhere"	Supporting	National USA
AeroMexico	Principal	National Mexico
Los Defensores	Principal	Hispanic Market USA
José Cuervo "The Father of Tequila"	Supporting	National USA
Wordpress "Do Anything"	Principal	National USA
Biotene "Constantly Dry"	Principal	National USA
Semarnat "Would you like that?"	Principal	National Mexico
Etsy	Supporting	National USA
Little Debbie "Ask Mom"	Principal	National USA
Banorte "Strong Hands"	Principal	National Mexico
Home Depot "Change Within"	Supporting	National Mexico
Coca Cola Sin Azucar "Swap"	Supporting	National Mexico
La Lechera "Lactose Free World"	Principal	National Mexico
INE "I Decide"	Principal	National Mexico
Yus de Toki "Mom's Crazyiness"	Principal	National Guatemala
Kansas City Southern	Supporting	National Mexico
Crest USA	Principal	National USA
Príncipe Marinela "Temptations"	Supporting	National Mexico
Hallmark "No Ordinary Mom"	Principal	National USA
Comex "Do it Well"	Supporting	National Mexico
Hotels.com	Supporting	Worldwide
Fundación Televisa "Just Say NO"	Supporting	National Mexico
Jimmy Dean Delights	Principal	National USA
Total Play "The Total Difference"	Principal	National Mexico
Azteca Trece "With You"	Supporting	National Mexico
Volkswagen	Supporting	National Mexico
Avon "Guilt"	Principal	Media Mexico
Pinol "You're Gonna Love it"	Principal	National USA
Coffee Mate "Latin Flavors"	Principal	Hispanic Market USA
Verizon "Caught the Goal"	Principal	Hispanic Market USA
CDHDF	Principal	Mexico City
GNP	Supporting	National Mexico
Movistar	Principal	National Mexico
Walmart "Price Match"	Principal	Hispanic Market USA
Ford Focus "Like Me"	Principal	Hispanic Market USA
Niaspan "Daughter's Advice"	Principal	Hispanic Market USA
Learn to Read with PBS Kids	Principal	Regional USA
Sony	Principal	Regional USA

Brighthouse	Supporting	National USA
Keep Track with IMMTRAC	Principal	Regional USA
Versus	Supporting	Regional USA
<i>Hosting</i>		
Hula Waist Trainer	Principal	Worldwide
Ultimo Mop Duo	Principal	Worldwide
Ultimo Pearl Pillow	Principal	Worldwide
Dish Freeview	Principal	National Mexico
<i>Voice Over</i>		
Fedex “Outside the Box”	Latam	
Colgate BSBF	Worldwide	
Coca Cola	Institutional Mexico	
All State Purple Purse	Institutional USA	
Ford Focus “Like Me”	Hispanic Market USA	

#### *Print*

Niaspan, Coppel, Escuis/Ameyal, Cinemex, Semarnat, Mosaico Artesanal, Home Depot

#### **Awards**

- ▶ The August Staub Graduate Award in Theatre and Film Studies | Recipient | Awarded to a distinguished graduate student for excellent scholarship and artistry.
- ▶ Jane Mulkey and Rufus King Green Graduate Fellowship | Recipient | Awarded to graduate students for excellent scholarship.
- ▶ Jo Ann Terry Walker Scholarship | Recipient | Awarded to women in the arts for excellent scholarship.
- ▶ Sallie Bingham History Matters Grant | Recipient | Awarded to produce and direct a production of a play written by a historical female playwright.
- ▶ UGA Wilson Center Graduate Research Grant | Recipient | Awarded to graduate students in support of their research (Intimacy Directing and Coordinating).
- ▶ UGA Wilson Center Graduate Research Grant | Recipient | Awarded to graduate students in support of their research (Margaret Cavendish & Early Modern Proto-feminists Panel).
- ▶ Lucas Fund | Recipient | Awarded to offset expenses for Kennedy Center Directing Intensive.
- ▶ UGA Office of Global Engagement & Cortona Program | Foundation Incentive & Friends of Cortona Scholarships | Recipient | Awarded to cover cost of study abroad program.
- ▶ Department of Theatre and Film Studies, University of Georgia | MFA Candidate in Performance | Tuition Waiver with Assistantship.
- ▶ Three Minute Thesis (3MT) Competition | Finalist | Research communication competition.
- ▶ Spotlight on the Arts 4’33” Competition | Runner-up | Arts research competition.
- ▶ KCACTF Student Director | Nominee | Selected for work as Co-Director in UGA’s production of *The Wolves*.
- ▶ KCACTF Irene Ryan Acting Scholarship | Nominee | Selected for work as “Henrietta Leavitt” in UGA’s production of *Silent Sky*.
- ▶ KCACTF Irene Ryan Acting Scholarship | Nominee | Selected for work as “Adriana” in UGA’s production of *The Comedy of Errors*.
- ▶ Austing Critic’s Table Awards | Nominee | Selected for work as “Emily Webb” in UT Austin’s production of *Our Town*.
- ▶ With You in the Distance | Recipient | Juried award given by the Mexican government to support qualifying artists during the quarantine period due to Covid19.

- ▶ Fósforo | Recipient | In-kind donation for production of short film, *Sleeping Wide Awake*.
- ▶ Indiegogo Campaign | Recipient | Raised over five thousand dollars in funds to cover postproduction costs for the short film, *Inocente Confusión*.

### **Invited Talks**

- “Eleven Things I Learned in Grad School” | UGA DTFS Commencement Speaker | 2024
- “Multicultural Perspectives on Women in the United States” | UGA WMST Course | 2024
- “Communicating on Zoom” | Her, Now (*Ellas Ahora*) Podcast | 2020
- “Getting to Know Female Podcasters” | Las Podcasters IGTV | 2020
- “The Actor-Writer” | An Actor’s Diary Podcast | 2020
- “Sexual and Reproductive Rights of Women” | Lúdico Film Festival | 2020
- “Female Sexuality through Film” | Autonomous University of San Luis Potosí | 2020
- “Alumni Talks: Podcasting 101” | The American School Foundation of Monterrey | 2020

### **Film Festivals**

- The Broad Humor Film Festival | 2018
- Grand Rapids Feminist Film Festival | 2018
- Lúdico Latinamerican Short Film Festival | 2018
- SECS Fest | 2018
- Curtas do Acaso | 2017
- Short to the Point | 2017

### **Service**

- Theatre and Film Studies Banquet & Drama Prom Organizer | UGA | 2022
- Student Spotlight on the Arts Coordinator | UGA | 2021
- Production Committee | UGA | 2021-2022
- Guest Judge | Lúdico Film Festival | 2020
- Performer, director, volunteer | The Children’s Hospital of Mexico City “Federico Gómez” | 2012-2013
- Theatre teacher | Gericare Geriatric Center | 2011

### **Computer Skills**

Adobe Premiere Pro, Final Cut Pro, Final Draft, Wordpress, Garageband, QLab

### **Languages**

Trilingual - Spanish, English, French